

MONDAY TO FRIDAY

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❧ LUNCH MENU ❧

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UNTIL 4 PM



zer

middle east kitchen



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# 3 COURSE LUNCH MENU DEAL\*

PLEASE CHOOSE ONE OF EACH SELECTIONS

## MEZES

### HUMMUS V GF

Crushed chick peas, tahini, lemon juice and garlic

### TABBOULEH V

Finely chopped parsley, couscous, onion, mint seasoned with olive oil, lemon juice and salt

### PEAS TAHINI AND ZAA'TAR V GF

Tahini zaa'tar, parsley, mint and lemon juice

### BEETROOT TARATOR V GF

Beetroot, Yogurt, Garlic, Mayo

### SPINACH PASTRY (MUSKA BOREGI) V

Pastry filled with spinach, feta cheese, parsley, dill and herbs

## MAINS

REGION

### CHICKEN IN YOGHURT (LAVAND-E MURG) GF

Chicken chunks cooked with herbs in yoghurt

*Afghanistan*

### MEAT BALLS WITH SOUR CHERRIES (LAHM-I KIRAZ) GF

Seasoned Lamb meat balls cooked in tomato sauce with sour cherries

*Syria*

### FISH STEW (OURMA-E-MAHI) GF

Marinated cod fillet cooked with baby potato and tomato

*Israel*

## VEGETARIAN DISHES

### ROAST AUBERGINE (BORANI BALJAN) V GF

Aubergine with zaa'tar, sumac, tomato sauce serve with yoghurt

*Iran*

### LENTIL DALL (MOONG DALL) V GF

*Afghanistan*

### FALAFEL V N GF

Chick peas, broad beans, red & green peppers, onion, garlic, carrot, coriander, parsley served with humus

*Palestine*

\* FOR MORE VEGAN OPTIONS, PLEASE ASK STAFF \*

## DESSERT

### SEMOLINA CAKE (REVANI)

# £10.95

\* Designed for 1 person not for sharing or takeaway and no change will be made.  
Not suitable for more than 6 people Not valid on bank holidays and special days.

 = VEGAN  
V = VEGETARIAN  = MILD SPICY  
GF = GLUTEN FREE N = CONTAIN NUTS